



Be  
the **Best**  
Parent  
you can be!



Southview Community School (Entrance on Cameron Rd.)  
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# January 2018

...make the  
most of the  
early years.

## **IMPORTANT:**

McMan PLC revised hours for the holidays:

December 23-27: Closed

December 28: Drop In, 9:00-12:15 & 1:30-4:15

December 29: Drop In, 9:00-12:15 & 1:30-4:15

December 30: Drop In, 10:00-1:30

December 31: Closed

January 1: Closed

January 2-5: ***Drop In Only – No programs running***

**\*PLEASE NOTE\***: We will not be offering regular programming during the first week of January. Drop-in times will run each day.

**FOLLOW US ON:**    

**Twitter:** PLC\_McMan

**Facebook:** McMan Parent Link

**Pinterest:** parentlinkmh

**YouTube:** McMan Parent Link Centre

## **INDOOR SHOES:**

Please remember to bring a change of shoes and leave snowy, wet boots in the entry way. This includes the programs in the gym, which require non marking indoor shoes, as per school regulations.

## **AGES & STAGES QUESTIONNAIRE:**

We do ASQ developmental screenings for children ages 0-5! If you are curious or concerned about what you can do to encourage your child's development, call us to book your appointment!

**TRIPLE P:** Work with one of our Triple P facilitators, who will provide strategies for parenting struggles you may be faced with, such as; bedtime problems, crying, toilet training, being bullied, coping with stress, home safety and many more. For more information or to book an appointment, call: **403.504.0833**. Register now for 'Fighting and Aggression', taking place January 18<sup>th</sup>.

## **SUPER DADS:**

This program is designed for children 0-6 and their DADS, UNCLES, GRANDPAS or any male role model! This program runs every Saturday, except long weekends, from 10:00am-Noon. *\*No Super Dads running at PLC on January 27<sup>th</sup>, as we are on a registered field trip\**

## **TRIPLE P ONLINE:**

If you are interested in Triple P Parenting Online, we have good news... it is **free!** This program is funded by the Alberta Government for all Alberta parents. For more information please visit [www.triplep-parenting.net](http://www.triplep-parenting.net) and click 'Do Triple P Online' tab.

## **REGISTERED PROGRAM:**

*Positive Parenting Wednesdays!* We will be available to go over Triple P TIP sheets with you while your little one enjoys some fun with playdough.

Join us on February 7, 21 & 28 from 9:00am-Noon. Feel free to drop in and we will provide strategies to help you with any parenting struggles you may be encountering. If you are unable to drop in you can always book an appointment with a Triple P facilitator by calling us at: **403.504.0833**. Find a full list of all our Triple P Tip Sheets on our FaceBook page.